When Jesus rose from the dead, he didn't come back to the same kind of life he had before. Instead, he had a new, wonderful life that can never die again. For a few weeks, he stayed on earth to show his new life to his friends. Then he went away to Heaven to be our King forever. But even while he was still on earth, he was somehow different. He was so different that sometimes his friends didn't even recognize him!

Jesus's friends did not yet understand that the way the Messiah would save his people was by dying on the cross. So Jesus explained many things to them. But it wasn't till he broke the bread that they recognized him, and understood. Breaking bread together is a way for us to know Jesus too!